



YOUTH BIKE CAMP TRAIL

Recommended age 9-12

This program is for children who want to take their bike skills and practice them on the trails! Each week we be working on technique while exploring exciting trails. Kids will learn about proper body position, how to safely use both brakes, how to ride over roots and rocks, and so much more! All while being outside, getting exercise, and most importantly, having fun! During our 6 sessions together, the goal is to build confidence on the bike while exploring local trails and creating a great opportunity for some fun, local bike adventures as a family this summer!

Register online with Lighthouse Recreation at www.lighthousehall.ca



Ages 9-12

Co-ed

Six weeks
Thursdays 3-4:30pm

May 12 - June 16

\$15 a day!
Sibling Discounts

**LIGHTHOUSE COMMUNITY
HALL**

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Qualicum Bay

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