



YOUTH BIKE CAMP BEGINNER

Recommended age 6-8

This program is for children who already ride two wheels on pavement with confidence and want to start riding on trails! Each week we will spend time working on new skills specific to mountain biking before heading out for a ride. Kids will learn about proper body position, how to safely use both brakes, how to ride over roots and rocks, and so much more! All while being outside, getting exercise, and most importantly, having fun! During our 6 sessions together, the goal is to build confidence on the bike while exploring local trails and creating a great opportunity for some fun, local bike adventures as a family this summer! Register online with Lighthouse Recreation at www.lighthousehall.ca.



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Co-ed

**Six Weeks
Mondays 3-4pm**

May 9 - June 13

**\$15 a day!
Sibling Discounts**

**LIGHTHOUSE COMMUNITY
HALL**

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www.lighthousehall.ca

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